

**2009 HANGZHOU, 5K INDIVIDUAL**

5K Men Overall		Individual		5K Women Overall		Individual
1	Ponomarev Alexander	Iran Air Tour	00:16:41:50	1	Henville Katherine	British Airways
2	Ryan Alan	Cathay Pacific	00:17:22:24	2	Arai Mayumi	Cathay Pacific
3	Haines Adrian	British Airways	00:17:28:55	3	Wolney Janet	WestJet
4	Palacios Alvaro	American	00:17:32:32			
5	Raponi Fabrizio	Cathay Pacific	00:17:50:23			
5K Men Master		Individual		5K Women Master		Individual
1	Taylor John	British Airways	00:18:40:95	1	Donner Gaylene	Alaska s
2	Lloyd Bill	Qantas	00:18:55:67	2	Serrao Allyson	Continental
3	Robichaud Raymond	Air Canada	00:19:37:41	3	Magnusdottir Bryndis	Icelandair
5K Men 24 and Under		Individual		5K Women 24 and Under		Individual
1	Dusek Pavel	Emirates	00:26:17:01	1	McGranahan Kathleen	AirTran
5K Men 25 to 29		Individual		5K Women 25 to 29		Individual
1	Hailes Darren	WestJet	00:20:26:20	1	Takai Hiromi	Cathay Pacific
2	Madruga Mauricio	Emirates	00:21:37:23	2	Erickson Kimberly	JetBlue
3	Martens Dennis	Swiss	00:23:27:42	3	McLean Kristal	WestJet
5K Men 30 to 34		Individual		5K Women 30 to 34		Individual
1	Krieger Peter	Swiss	00:18:55:81	1	MacLennan Alicia	ExpressJet
2	Daffen Greg	V Australia	00:26:16:72	2	Chu Sarah	Cathay Pacific
3	Gimadiyev Ildar	Air Astana	00:27:26:16	3	Ng Clara	Cathay Pacific
5K Men 35 to 39		Individual		5K Women 35 to 39		Individual
1	Knechtl Paul	British Airways	00:18:43:97	1	Clark Lisa	JetBlue
2	Haught Thomas	JetBlue	00:18:55:32	2	Dolan Michelle	WestJet
3	Naidu Victor	Singapore	00:19:28:24	3	Webb Barbara	WestJet
5K Men 40 to 44		Individual		5K Women 40 to 44		Individual
1	Ritzi HansjC<rg	SR Technics	00:19:49:50	1	Chalkley Naoko	Emirates
2	Minoguchi Hisao	Cathay Pacific	00:20:26:50	2	Alonso Monica	British Airways
3	Pupradit Sanchai	Thai	00:21:03:57	3	Currans Kelly	Air Canada
5K Men 45 to 49		Individual		5K Women 45 to 49		Individual
1	Johansen Tom Roger	SAS	00:19:40:29	1	Wagner Rosaura	ExpressJet
2	Verschuren Erik	KLM	00:19:55:68	2	deMatos Isabella	United
3	Dinasan Devan	Malaysia	00:20:38:95	3	Woodhouse Marion	Air France
5K Men 50 to 54		Individual		5K Women 50 to 54		Individual
1	Walters Barry	British Airways	00:19:58:82	1	Smith Helen	British Airways
2	O'Connor Dave	Aer Lingus	00:20:34:90	2	Stokdyk Lisa	American
3	Kian Huat Lim	Malaysia	00:21:13:99	3	Kjems Ida	SAS
5K Men 55 to 59		Individual		5K Women 55 to 59		Individual

1 Santiago Mendoza Pedro Aeromexico 00:20:52:62  
2 Gutierrez Salvador Aeromexico 00:21:29:22  
3 Kanai Kiyonobu Japan Air Lines 00:22:04:60

1 Kanai Miwako Japan Air Lines  
2 Alex Merly Continental Mic  
3 Gray Teddy Continental

5K Men 60 to 64 Individual  
1 Belgers Henri Brussels 00:21:43:48  
2 Meredith Eric Air New Zealand 00:22:42:52  
3 Onoda Makio Japan Air Lines 00:23:01:83

5K Women 60 and Over Individual  
1 Brauner Sharon Continental  
2 Stibbard Joan Air Canada  
3 Lucassen Joan KLM

5K Men 65 and Over Individual  
1 Elbel Eric Delta Air Lines 00:23:37:93  
2 Klobakken Jan SAS 00:24:00:89  
3 Schneider Eddie Continental 00:24:09:66

5K Non- Men Overall Individual  
1 Tan Ying Hao Milton Singapore 00:19:23:79  
2 Vivona Paolo Cathay Pacific 00:19:25:29  
3 Herd Robert 00:20:17:12

5K Non- Women Overall Individual  
1 Johansen Ingrid Naess SAS  
2 Bykowski Gaye Southwest  
3 Chui Sandra Dragonair

